

Professional change process

(up to 6 individual coaching appointments / 12 units)

- Support for the professional change process
- Networking and use of social networks to implement the defined steps in the professional change process

Funding opportunities

- ✓ Funding via activation and placement voucher (AVGS) possible
- ✓ The respective advisor at the relevant employment agency or job centre or the opting municipality decides on the individual requirements for participation.



Contact us to find out more:

☎ **06151 3842 754**

We are at your disposal Monday to Friday from 8:00 AM to 8:00 PM and Saturday from 9:00 AM to 5:00 PM.

✉ **karriereplanung@sgd.de**

🌐 **www.sgd.de**

📘 **fb.com/sgd.Fernstudium**

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Contact for sponsor for measures in accordance with Section 45(1)(1) Items 1 and 4 SGB III:

Klett / **CORPORATE EDUCATION**

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Career guidance

Coaching in accordance with Section 45(1)(1)(1) of Book III of the German Social Code (SGB III): Introduction to the vocational training and labour market

Coaching takes place in German



Studiengemeinschaft Darmstadt GmbH
Hilpertstrasse 31
64295 Darmstadt

A company of the Klett Group



Goal setting

1. Based on your professional career to date, we work with you to develop **new professional goals** for you to enable a **career change and professional reorientation**.
2. According to your individual needs, we work with you to develop your **potential and strengths** for a new career **and discuss your individual opportunities on the labour market**.
3. We support you in developing **career prospects** and encourage you to develop career aspirations and concrete career goals.



Target groups

- ✔ **Jobseekers** and employees who **are at risk of unemployment** and who need support in the professional orientation and change process
- ✔ The target group specifically includes:
 - **Young jobseekers with little work experience and a need for qualification**
 - **Older jobseekers with work experience and a need for qualification** due to health and personal challenges
 - **Self-employed persons**, who would like to work as an employee again
 - **Jobseekers with a migration background**

Participation and admission requirements

- ✔ Online individual coaching for sustainable participation irrespective of location
- ✔ Good written and spoken German language skills required
- ✔ Technical requirements: Laptop/tablet/PC, stable Wi-Fi/ internet connection, possibility of image and voice transmission (headset and webcam), as well as basic knowledge of common user software

Coaching times

- ✔ Individual appointment
- ✔ Coaching for 10 weeks possible
- ✔ Twice-weekly appointments as individual online coaching sessions lasting 90 minutes each

Coaching content

Getting to know each other

(1 individual coaching appointment / 2 units)

- Introductory call outlining the coaching format and the coaching aims

Position reflection

(up to 7 individual coaching appointments / 14 units)

- Collection of personal and professionally relevant information by means of a prospect profile
- Discussion of hard and soft skills
- Analysis of job-related strengths and weaknesses



Professional orientation

(up to 6 individual coaching appointments / 12 units)

- Development of realistic career alternatives through resource-oriented coaching with regard to matching the requirements of the regional labour market with existing strengths, potential, interests, wishes and goals
- Support with the use of information services provided by the employment agency
- Consideration of the factors that contribute to a satisfactory professional and private life (for and against list)